

# University of Maryland, College Park

## Department of Public and Community Health

### HLTH ##### - Public Health Policy, Planning, Surveys & Evaluation

**Instructor:** Professor Clem Kadiddlehopper  
**Office/Phone:** HHP 0000 / 301-405-0000  
**Email:** ck2002@umail.umd.edu  
**Semester:** Spring 0000  
**Classroom/Time:** HHP 0000 / MWF 00:00AM  
**Teaching Assistant:** Alice Anderson, 301-405-3453

OFFICE HOURS

Monday – All Day  
 Tuesday – All Day  
 Wednesday – All Day  
 Thursday – All Day  
 Friday – All Day

|  |  |
|--|--|
| <b>Required Textbooks &amp; Other Readings</b> | <i>Faculty should indicate for each reading if it is required or recommended</i> |
| <b>Course Description</b>                      | <i>NOTE: All spaces expand vertically as needed.</i>                             |
| <b>Course Objectives</b>                       | <u>At the conclusion of this course, the student will be able to:</u>            |
| <b>Course Policies</b>                         | <u>Missed Exams or other assignments:</u>  |

Accommodations for students with disabilities:

If you have a documented disability and wish to discuss academic accommodations for test taking or other needs, please talk to me as soon as possible. You will need documentation from Disability Support Service (314-7682.) If you intend to take any or all exams at DSS it is your responsibility to notify me as soon as possible.

Academic Integrity:

The University's code of academic integrity is designed to ensure that the principle of academic honesty is upheld. Any of the following acts, when committed by a student, shall constitute academic dishonesty:

- ✓ CHEATING : intentionally using or attempting to use unauthorized materials, information, or study aids in an academic exercise.
- ✓ FABRICATION: intentional and unauthorized falsification or invention of any information or citation in an academic exercise.
- ✓ FACILITATING ACADEMIC DISHONESTY: intentionally or knowingly helping or attempting to help another to violate any provision of this code.
- ✓ PLAGIARISM: intentionally or knowingly representing the words or ideas of another as one's own in any academic exercise.

For more information see:

<http://www.inform.umd.edu/CampusInfo/Departments/PRES/policies/iii100a.html>

Religious Observances:

The University System of Maryland policy provides that students *should not be penalized because of observances of their religious beliefs; students shall be given an opportunity, whenever feasible, to make up within a reasonable time any academic assignment that is missed due to individual participation in religious observances.* **It is the student's responsibility to inform the instructor in advance of any intended absences for religious observance.**



| Evaluation | Grading           |
|------------|-------------------|
|            | xxx-xxx points A+ |
|            | xxx-xxx points A  |
|            | xxx-xxx points A- |
|            | xxx-xxx points B+ |
|            | xxx-xxx points B  |
|            | xxx-xxx points B- |
|            | xxx-xxx points C+ |
|            | xxx-xxx points C  |
|            | xxx-xxx points C- |
|            | xxx-xxx points D+ |
|            | xxx-xxx points D  |
|            | xxx-xxx points D- |
|            | xxx & below F     |

| Competencies |
|--------------|
|              |

**HLTH 150: First Aid and Emergency Medical Services**

**Fall 2001 Section 0201**

**HHP 0302 M,W 1:00 pm-1: 50 pm**

08/29/2001-12/19/2001

Instructor: Sapna Marepally

Office: HHP 2238C Phone: 301-405-3453, 301-922-7602

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### **Required Textbook:**

**First Aid-Responding to Emergencies- Third Edition** (American Red Cross)

### **Course Description:**

Lecture, demonstration and training in emergency care, including cardiopulmonary resuscitation, controlling bleeding, shock, burns, and injury care. *American Red Cross Certificates* will be awarded upon completion of the course and passing necessary exams, both written and practical. First aid certificate is valid for three years and CPR certificate is valid for one year.

**Course Objectives:** Upon completion of this course, students will be able to:

1. Understand the legal consideration involved in the provision of emergency care by a non-medical provider.
2. Know the precautions for the prevention of diseases transmission in an emergency setting.
3. Perform primary survey and a physical survey evaluation of the victim and the scene.
4. Care for a choking victim.
5. Provide proper CPR for an adult, child, and infant.
6. List and describe the proper first aid techniques for sudden life threatening illnesses.
7. Care for a victim who is bleeding.
8. Recognize and care for shock.
9. Know the different types of burns and how to care for them.
10. Demonstrate the proper bandaging and first aid techniques for specific injuries.
11. Know the care for poisoning victim.
12. Identify and care heat and cold related emergencies.

## **Course requirements:**

### **1. Requirements for Red Cross First Aid and CPR certification**

- **Attendance is required**

Students are required to attend all the class meetings.

- **Skills performance**

All the skills will be evaluated during the classes. If you do not show qualified skills, you will not be eligible to take the written test.

- **Passing written tests**

There will be three written tests covering Adult CPR, Child and Infant CPR, and First Aid. A minimum score of 80% is required for each section. There are 25 questions in Red Cross Standard test.

- **Participation in all activities**

Participate all the practice sessions and discussions.

### **2. Assignment**

To raise your attention on emergency and encourage your emotional and academic involvement in the emergency events, from the second week of class, each student is required to bring a current newspaper, magazine, journal article/commentary, or Internet document relevant to the emergency. Each class will begin with a brief sharing of the selected event. At the end of the semester, you will turn in a set of clippings. This is a pass-fail assignment. If the clippings are turned in, full credits will be awarded. The clipping file will be due on **December 10<sup>th</sup> 2001**.

## **Evaluation:**

Adult CPR Written Exam 50pts

Adult CPR Practical Exam 50pts

Infant/Child CPR Written Exam 50pts

Infant/Child CPR Practical Exam 50pts

First Aid Written Exam 50pts

First Aid Practical Exam 50pts

Clippings file 30pts

## **Total 330pts**

**Grading: A + = 96%-100%, A=93%-95%, A- = 90%-92%**

**B + =86%-89%, B=83%-85%, B- = 80%-82%**

**C + = 76%-79%, C=73%-75%, C- =70%-72%**

**D + = 66%-69%, D=63%-65%, D- =60%-62%**

**F = less than 60%**

### **Notes:**

- **Grades are not negotiable.** The instructor will not negotiate grades and there is no extra credit.
- **Exam Policy:** Make-up exam will NOT be given except in unavoidable extenuating circumstances. If an exam is missed, only approved excuses will be accepted. Students must contact the instructor within 24 hours of missing the exam in order to take a make-up exam. Any unexcused absence during an examination will automatically be counted as zero.
- **Documented Disability:** If you have a documented disability and wish to discuss academic accommodations, please talk with the instructor at the beginning of the class.
- **Academic Dishonesty:** Students should be aware of the University's Code of Academic Integrity, which is explained in the Undergraduate Catalog. It defines four types of academic dishonesty: cheating, fabrication, facilitating academic dishonesty and plagiarism. Academic dishonesty is very serious and could follow you for life!

## Course outline and assignments

|       |   |
|-------|---|
| 08/29 | Introduction, Healthy lifestyles                  |
| 09/03 | Labor Day -HOLIDAY                                |
| 09/05 | Help cant wait, Taking action                     |
| 09/10 | Body systems                                      |
| 09/12 | Checking the Victim- I&II                         |
| 09/17 | Breathing Emergencies-I                           |
| 09/19 | Breathing Emergencies-II Rescue Breathing-Adult   |
| 09/24 | Breathing Emergencies-V Obstructed Airway-Adult   |
| 09/26 | Cardiac Emergencies-I                             |
| 10/01 | Cardiac emergencies-II Adult CPR                  |
| 10/03 | Test-Adult CPR written, practical                 |
| 10/08 | Practical test -continued                         |
| 10/10 | Breathing Emergencies-III Rescue Breathing –Child |
|       | Breathing Emergencies-IV Rescue Breathing-Infant  |

|       |  |
|-------|--|
| 10/15 | Breathing Emergencies-VI obstructed Airway-Child   |
| 10/17 | Breathing Emergencies-VII obstructed Airway-Infant                                       |
| 10/22 | Cardiac Emergencies-III Child CPR  |
| 10/24 | Cardiac Emergencies-IV Infant CPR  |
| 10/29 | Test –Child and Infant CPR written, practical  |
| 10/31 | Practical test-continued   |
| 11/05 | Bleeding Internal Bleeding and Shock,<br><br>Putting it all together-simulated exercises |
| 11/07 | Soft Tissue Injuries I &II   |
| 11/12 | Musculoskeletal Injuries I&II  |
| 11/14 | Splinting  |
| 11/19 | Head, Neck, Back, Chest, Abdomen and Pelvis  |
| 11/21 | Sudden Illness I   |
| 11/26 | Poisoning  |
| 11/28 | Bites and Stings   |
| 12/03 | Substance Abuse  |
| 12/05 | Heat and Cold Exposure   |
| 12/10 | Reaching and Moving Victims, People with special needs                                   |
| 12/19 | Test in First Aid –written and Practical   |